

Hydrotherapy Class Health Screen

Name	DOB
Address	
	Contact No
1 September 1	
Please indicate on drawing at	bove any areas of pain and detail below:-
	Please detail your height

Can you walk up and down the stairs with a rail? YES/NO Do you use a walking aid? YES/NO



Hydrotherapy Class Health Screen

Please circle if you have any of the following:-Acute heart failure **Diabetes** Chronic heart failure Grommets **Angina Asthma** High/low blood pressure Fragile skin Currently pregnant Fear of water Acute renal failure Open wounds/ulcers Poor eyesight/hearing Epilepsy Fatigue easily Sensitivity to chlorine Temperature/Infection Bladder infection or cystitis Incontinence Surgery in the last 3 months Please give details:-If you take any medications please list below:-